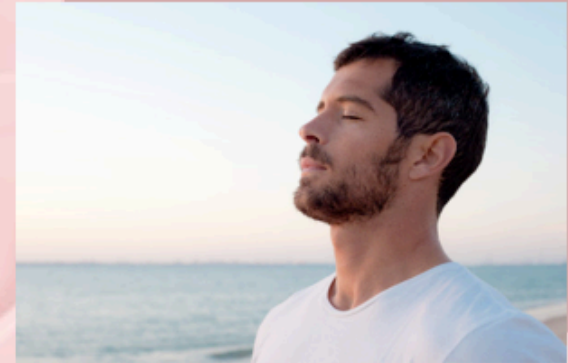


# *The unique formula for your happy longevity*

*Let's do it consciously:  
The Art and Science of*



*Breathing*



*Motion*



*Nutrition*



*Thinking*